

BACHELOR OF ARTS

PSYCHOLOGY

SPORT PSYCHOLOGY CONCENTRATION



COLLEGE OF
PSYCHOLOGY & COUNSELING



PROGRAM OBJECTIVES

- ▶ The College of Psychology and Counseling combines both theory and practice, while integrating faith into subject matter.
- ▶ Students are taught essential psychology concepts, including interpersonal and research skills as they prepare for a future career in a variety of fields.
- ▶ Christian ethics are brought into each course, giving students the ability to address contemporary social, moral, and ethical issues that face professionals in the behavioral science field.
- ▶ Students are prepared to reach a career in any psychology field through coursework in therapy, research, and child development.
- ▶ The B.A. in Psychology provides a foundational education that prepares students to transition into HIU's Marriage and Family Therapy Program.

CAREER OPPORTUNITIES

Students in the sport psychology degree are able to work in a variety of settings. Various career opportunities include:

*Clinical Sports
Psychologist*

*Applied Sports
Psychologist*

*Behavioral Health
Specialist*

*Cognitive Sports
Specialist*

Recreation Therapist

Sports Marketing

FAST TRACK TO GRAD SCHOOL

Interested in earning a graduate degree in the future? Transition courses give HIU students the opportunity to take classes that can earn credit towards both their Bachelor's degree and a future Master's degree. Visit hiu.edu/fasttrack to learn more.



Total Units: 120



Courses: On Campus



Student / Teacher Ratio: 13:1

PLAY SPORTS?



WISC

B.A. PSYCHOLOGY: SPORT PSYCHOLOGY

PLEASE SEE CURRENT CATALOG FOR ADDITIONAL COURSE OPTIONS.

PROGRAM CURRICULUM

COMMUNICATION & LEADERSHIP

Public Speaking	3
Critical Thinking & Argumentation	3
English Composition	3
Introduction to Literature	3
Foundations: Strengths & Leadership Development	1
Leadership Skills	3

TOTAL UNITS: 16

BIBLICAL STUDIES

Jesus in the Gospels	3
History & Lit. of the Early Christians	3
History & Lit. of Ancient Israel	3
Theology of Ministry	3
Introduction to Biblical Research	3
Biblical Elective (upper division)	3
Biblical Theology	3

TOTAL UNITS: 21

HUMANITIES *Choose two courses:*

Art Appreciation	3
Literature Elective	3
Writing Elective	3
Foreign Language	3
Music Appreciation	3
Philosophy Elective	3

TOTAL UNITS: 6

SOCIAL SCIENCE

World History to 1500	3
World History since 1500	3

Choose one course:

U.S. History to 1865	3
U.S. History since 1865	3
Introduction to Cultural Anthropology	3
American Government	3
Introduction to Urban Studies	3
Introduction to Sociology	3
World Geography	3
Social Problems	3

TOTAL UNITS: 9

MATH *Choose one course:*

College Algebra	3
Liberal Arts Math I	3

TOTAL UNITS: 3

NATURAL SCIENCE W/LAB *Choose one course:*

Physical Science w/Lab	4
Biological Science w/Lab	4
Earth Science w/Lab	4
Environmental Science w/Lab	4

TOTAL UNITS: 4

PSYCHOLOGY MAJOR COURSES

Introduction to Psychology	3
Introduction Statistics for the Social Sciences	3
Social Psychology	3
Research Design & Methods	3
Cognition	3
Physiological Psychology	4
Psychology & Religion	3

TOTAL UNITS: 22

SPORT PSYCHOLOGY CONCENTRATION

Sport Psychology	3
Psychotherapy & Sport	3
Positive Psychology	3
Health Psychology	3
Sport in Society	3

TOTAL UNITS: 15

PSYCHOLOGY ELECTIVES

Choose 12 units from list of Psychology Electives.

GENERAL ELECTIVES

Select from a widespread list of courses to fulfill elective requirements. Electives must be outside of your major.

TOTAL GENERAL EDUCATION: 59

TOTAL MAJOR REQUIREMENT: 49

TOTAL GENERAL ELECTIVES: 12

TOTAL UNITS FOR THE DEGREE: 120